



Menu Summer

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	- Beet Salad - Vegetable Soup	- Moroccan Salad - Potato Cream Soup	- Macaroni Salad - Indian-Style Soup	- Broccoli Salad - Cream of Mushroom Soup	- Vegetable Salad - Lentil Soup
	Chinese Chicken Macaroni	Sweet Pork, Roasted Potatoes, Vegetables	Breaded Fish, Boiled Potatoes, Vegetables	Spaghetti with meat sauce, Caesar Salad	Hamburger, Oven-baked Fries, Vegetables
Week 2	- Lentil Salad - Chicken Soup	- Potato Salad - Cream of Broccoli Soup	- Greek Salad - St-Germain Soup (Fresh Pea Soup)	- Coleslaw - Potage Cr�cy (French Carrot Soup)	- Green Salad - Asian-Style Soup
	Penne Ham Broccoli, Vegetables	Chicken Pita, Green Salad	Shrimp Rice, Vegetables	Spinach Lasagna, Bread Roll, Vegetables	Basmati Rice, Spring Rolls, Sauteed Vegetables
Week 3	- Quinoa Salad - Cabbage Soup	- Penne Pasta Salad - Cream of Leek Soup	- Moroccan Salad - Potato Cream Soup	- Beet Salad - Vegetable Soup	- Green Salad - Pea Soup
	Quesadilla, Mexican Salad	Chickpea Ratatouille, Roasted Potatoes	Mediterranean Fish, Rice, Vegetables	Fettuccine Alfredo, Bread Roll, Vegetables	P�t� Chinois (Shepherd's Pie), Vegetables
Week 4	- Vegetable Salad - Indian-Style Soup	- Macaroni Salad - Cream of Mushroom Soup	- Broccoli Salad - Lentil Soup	- Lentil Salad - Chicken Soup	- Green Salad - Cream of Broccoli Soup
	Couscous Royale	Chicken � la King, Egg Noodles, Vegetables	Grilled Piri-piri Vegetables and Beans, Rice	Rigatoni with Spinach, Caesar Salad	Chicken Fried Rice
Week 5	- Potato Salad - St-Germain Soup (Fresh Pea Soup)	- Greek Salad - Asian-Style Soup	- Coleslaw - Cream of Carrot Soup	- Quinoa Salad - Cabbage Soup	- Penne Pasta Salad - Cream of Leek Soup
	Chili sin carne, Rice, Homemade Tostitos	Salmon and Spinach Pasta, Vegetables	Beef and Pepperoni Sub, Green Salad	Cheese Stuffed Pasta Shells in a Marinara Sauce, Vegetables	Pizza, Green Salad